



WHITE LION JOURNEY

CONNECTING TO THE HEART

SOUTH AFRICAN
RETREAT 2018

With Beth Duncan & Julie Lines
in support of the



DATES

SATURDAY 9TH -
MONDAY 18TH
JUNE 2018

THEME

"BRINGING LIGHT
INTO YOUR LION
HERO'S HEART"

At the epicentre of the massive nature reserve region known as the Kruger to Canyon's Biosphere, in precise alignment with the great Sphinx of Giza due North, the fabled White Lions were birthed by miraculous natural occurrence. Declared a "sacred site", by African Kings for many hundreds of years, due to the mysterious occurrence of snow white lions in this region only, the name Timbavati means "the place where the Starlions come down...."

AT A GLANCE

During our 2018 retreat "Bringing Light into Your Lion Hero's Heart," we will experience the magic of the sacred white lions and the amazing nature in one of the most bio-diverse regions in the world. The roars of the lions and the calls of the jackals will be the last sounds you hear as you fall sleep in your traditional hut (rondavel) under the Milky Way, clearly visible in the endless African sky. Located atop a bed of quartz crystal, you may experience very vivid dreams. You'll wake to the sounds of exotic birds we prepare to go on our early morning lion checks to meet with and meditate with the sacred lions.



KELLY S.'S WHITE LION JOURNEY EXPERIENCE:

"My experience with Julie and Beth in white lion territories enriched my life in so many ways. This retreat experience and these sisters hold this integrity and you will feel the instant bond. The White Lion Project is about so much more than the White Lions, it's about all of us, we all matter and what better way to be held in this manner than by these powerful women, the Lions and the land."

We keep our groups small intentionally (no more than eight participants) to enable us to go deeper and to share a more intimate experience. Throughout the week, we will spend time in stillness with these high vibration magnificent beings, known for accessing and healing deeper heart states. It is an opportunity for profound transformation through being immersed in the energy of this natural and sacred environment, away from normal daily routines and without interruption of technology. We will walk in and commune with the sacred land, nature and wildlife, meet with local community, and participate in group sessions with 13 Laws of Lionhearted Leadership Practitioners Julie Lines (The Nature Coach) and Beth Duncan (Sprout Your Vision). We will visit Kruger National Park, where we will observe and connect with the vast array of wildlife in its natural habitat, and will visit Adam's Calendar, a stone formation believed to be the oldest Calendar on earth, surrounded by hundreds of wild horse guardians.

WWW.WHITELIONJOURNEYS.COM

YOUR GUIDE FACILITATORS

Beth and Julie—each in their own uniquely powerful ways—work with people who are ready to reconnect more deeply with their hearts and to remember the magnificence of who they are.

JULIE
LINES



Julie is the UK Director of the Linda Tucker Foundation / Global White Lion Protection Trust, co-founder of the Awakening To Animals conferences, founder of the Voice of the Animals movement and author of *The Purpose of Species*. Julie has spent over 15 years specialising as a leadership coach and facilitator, working internationally for many global organisations.

BETH
DUNCAN



Beth was the first graduate of the three-year White Lion Leadership Academy. She is also the founder of White Lion Journeys and Sprout Your Vision, and serves as Programme Director for Worldwide Indigenous Science Network, a non-profit organisation involved in indigenous dreamwork worldwide, networking of indigenous elders and conservation of big cats and sacred species. Beth has specialised in facilitating small group processes beginning with her work with Pathways Seminars and continuing in the current roles she holds.

We will be exploring **beliefs, habits and approaches**, and we will be encouraging you to contemplate and seek guidance about bringing light into your lion hero's heart. We will hold you in a very safe and loving space to support profound transformation in the following ways:

BELIEFS, HABITS AND APPROACHES

1

Through ceremony and ritual we will be honouring, acknowledging and deepening our connection to the ancestors, helping you unearth the vision of the life you are born to live.

2

Through connecting and communing with animals and nature as equal beings on this planet, giving deep respect and adoring their magnificence, fully listening and learning from their wisdom.

3

Through facing and embracing egoic shadow when it arises, to be free of limitation, to own our projections onto others and to live in oneness, truly loving ourselves and others without conditions or attachments.

4

Through touching upon the 13 Laws of LionHearted Leadership, these 13 Laws have been refined over many years by Linda Tucker, following a decade of initiation from her mentor Maria Khosa. The Laws seek to share indigenous wisdom, intrinsically connected to the laws of nature and are a key to helping return humanity back to the golden age of consciousness.

You'll be given practical tools to help alchemise the heart, transmute limiting beliefs and ignite the creative spark within, offering you the opportunity to move through deep emotional/energetic shifts and to have the courage to face all that holds you back from being who you truly are. Humour, playfulness, and joy will be part of the experience.

This retreat follows a flexible structure, which allows us to listen to what is happening in the moment and respond accordingly. This will enable you to experience an authentic connection with the land and all beings of these lands, to explore whatever might show up throughout the journey, understanding that the most beautiful things happen when you're in the flow. We have intentionally limited our group to a maximum of 8 participants to create a more intimate gathering.

Julie and Beth look forward to sharing an amazing experience with you on the heartlands, the White Lion lands of Timbavati!

IF THIS IS CALLING TO YOUR
HEART, PLEASE CONTACT US TO
LEARN MORE:

whitelionjourneys@gmail.com



"To encounter the sacred is to be alive at the deepest centre of human existence. Sacred places are the truest definitions of the earth; they stand for the earth immediately and forever; they are its flags and shields. If you would know the earth for what it really is, learn it through its sacred places. You touch the pulse of the living planet; you feel its breath upon you. You become one with a spirit that pervades geologic time and space."

—N. Scott Momaday, Kiowa

DETAILED ITINERARY

DAY 1:
SAT 9TH JUNE 2018

Arrival at Tsau! White Lion Ancestral Territories

Welcome to the heart of the White Lion's Sacred Territory known as Tsau, originating from the ancient Bushman word incantation – "Starlion"

The group has a chance to settle in after a light lunch, during which Linda Tucker & Jason Turner share personal anecdotes of their challenges in protecting the White Lions, which were technically extinct in their natural territories due to trophy hunting, and forced into zoos and circuses around the globe.

Enjoy a quiet afternoon to relax and catch your breath. Find your equilibrium at the epicentre of the animal kingdom before our programme begins.

Sunset Tracking and monitoring to meet the Lions.

Traditional meal, around the fire under the African skies and an early night in preparation for your journey into White Lion territories.



DAY 2:
SUN 10TH JUNE 2018

Talking Circle Introductions, Intention Setting, & Scientific Updates On The White Lions With Jason Turner

Morning We'll start with a "Talking Circle" getting to know one another and laying the foundation for this magical journey to Africa. Julie and Beth will introduce you to the theme for the retreat and how will touch upon the 13 Laws of LionHearted Leadership. We'll also set our intentions for the week ahead.

Afternoon Lion Ecologist Jason Turner discusses the White Lion re-introduction project, White Lion genetics, and the ground-breaking discovery of the elusive "genetic marker," the "Star-Gene," that could help save the White Lions as a critically endangered sub-species. He will also share the challenges around this legendary animal, which has been hunted to virtual extinction with still no protective status.

Sunset Tracking and monitoring of the Lions.

We'll enjoy dinner after tracking, sharing around the fire, under the stars.

"The Beauty of the Circle is that we cannot see each other's backs and the strength of the Circle is that we can only see each other's beauty."



"Open your eyes to the ancestors and you will understand the language of spirits." (African proverb)

DAY 3:

MON 11TH JUNE 2018

Connecting With The Ancestors

Dawn tracking and monitoring of the Lions

Today we will deeply connect with our hearts through connecting with the ancestors, beginning the day with a dawn communion **with the White Lion prides** in tranquility and deep silence.

The group may experience a powerful indigenous dreamwork process, and share in ancient ceremonies and meditations to help us to connect with the ancestors in deeper and more profound ways. We conclude the day with a dusk **Lion monitoring check**.



DAY 4:

TUE 12TH JUNE 2018

Connecting With The Animals

Dawn tracking and monitoring of the Lions

Today we will develop our connection with animals through intuitive communication. We will spend time learning to quieten our minds and tune into our heart and soul connection with all. We work on our personal sensitivity and develop helpful beliefs to support our practice.

We will invite the animals in and around camp and through photographs to help us to listen and grow and, of course, we will also spend time in deep stillness with the White Lions to tune into their exquisite communications for us.

Sunset Tracking and monitoring of the Lions.

Early night to ready for our day at Kruger National Park





DAY 5:

WED 13TH JUNE 2018

Full Day Excursion To Kruger National Park

Located near Tsau, Kruger National Park is South Africa's most famous animal preserve, where every species of South African animal can be seen in this wilderness area. Our driver guides will take us on an unforgettable all day drive through the elephant, giraffe, zebra and antelope- populated savannah lands of Kruger, dotted by rivers and ponds where crocodiles and hippos emerge to sun themselves.

We will have an opportunity to commune with a broader range of animals, practicing our skills with them as well as listening to the land. Who and whatever you may see is a blessing from the great creative Force, Mother Nature. Any encounter with creatures in their natural eco-system is a profound privilege.

Picnic breakfast will be provided, and we will stop for lunch at a full-service rest stop with food court. Opportunity for shopping at the large gift shop. **After a rich day's experience, we are welcomed back to Camp Unicorn** with a delicious supper and tranquil evening discussion around the fire, integrating everyone's personal experiences.

DAY 6:

THU 14TH JUNE 2018

Renewal And Reflection: Riverline Walk, Rock StarLion Ceremony And Night Under The Stars.

A day of reflection, walking and gentle journeying into the Inner Worlds. **Dawn lion tracking and monitoring.** After a healthy breakfast we will be free to spend time in quiet contemplation, journaling and reflecting on our experiences/ learning throughout the week so far.

We will gather together to enjoy a delicious picnic lunch under the giant fig tree at Tula Lodge where we will share our feelings/thoughts/reflections. We will then take a leisurely riverine walk along the Nilotic Meridian led by expert indigenous trackers through the natural amphitheaters of wilderness landscapes, winding up at the giant Rock StarLion, which is in exact alignment with the great Sphinx of Giza, due North.

This walk imparts principles of the ancient art of tracking, and connection with earth and gold energies. Much of the walk will take place in silence as we tune in to the messages of Mother Nature. **Afternoon White Lion Meditation on the banks of the Tsau River led by Linda Tucker** takes us on a journey of enlightenment and empowerment, sharing White Lion techniques to help us integrate the principles and qualities of these most radiant of animals in our own lives. Tuning in to these qualities helps us to achieve greater self-fulfillment, self-healing, leadership potential and effective decision-making. **Sunset monitoring of the Lions.**



***Optional night out under the stars:**
For those who are interested, we will spend a night out under the stars, where we will be immersed in the sounds and sights of nature at night, possibly roaring in the darkness of the dreamtime.

DAY 7:

FRI 15TH JUNE 2018

Community & Cultural Day / Visit The Akeru Pride

We will visit a local StarLion centre and spend time with the children (many of whom are orphans) and elder women, looking at the vital role of community in balancing our world. We will also visit the sacred Mbube lands to spend time with the Akeru pride. Later in the day, we will invite Medicine Woman Sarah Khosa (Maria Khosa's sister) to join us for bone divinations. After dining



DAY 8:

SAT 16TH JUNE 2018

Panoramic Route Through The Drakensburg Mountains



Our drive today follows the spectacular panoramic route, where we will witness spectacular sites such as God's Window, the Three Rondavels, and the Bourke's Luck Potholes.

We will make our way through the incredible beauty of this route and will stop along the way to enjoy sights and sacred ceremony.

We lunch along the way, on this route also known as "the place of the Golden Dragon." Travel the golden leyline of the Nilotic Meridian along the tail of the Drakensburg (Dragon) Mountains, a massive tectonic plate which links with the East African Rift Valley, following part of the route of the great elephants who walked the leyline in their migration.

We will arrive at **Margsol Guesthouse** in the mist belt later in the day. This rustic, colonial guesthouse was one of the very first in the region, and was the place where famous naturalist Eugene Marais wrote his books "Soul of the White Ant" and "Soul of the Ape," the first of their kind investigating the power of the collective mind. It is booked exclusively for the group.

DAY 9:

SUN 17TH JUNE 2018

Pre-Winter Solstice At Adam's Calendar



After enjoying breakfast at Margsol we will head into the Barberton Mountains, along the Nile Meridian, the earth's central axis and most high-frequency 'powerline,' known to the Ancient Egyptians as *Zep Tepi*: the golden leyline of *First Time*, the birth canal where life began on the planet. The guardians of this site are a roaming herd of wild horses, believed by Linda Tucker to guard over a "Unicorn portal" to other dimensional realms. These very special equines invite us into the Inner Realms of Sacred knowledge in alignment with the White Lions, and the Great Sphinx of Giza due North.

Lunch in the Barberton Mountains at the quaint and unique Bohemian Restaurant. Our indigenous guide is Enos Zulu, the field guide of Michael Tellingier and Linda Tucker. In the afternoon we walk with Enos to the primordial ceremonial site of **Adam's Calendar**, a stone circle site of initiation and worship by many different cultures and nations over millennia. It is here, at this remote site, in alignment with the sacred heartland of Timbavati and Giza, that Linda's shaman teacher, Credo Mutwa, Guardian of the Ancient Relics and the Secret Knowledge of *Umlando*, was initiated. We gather around the oldest stone observatory of the ancient astronomer priests, integrating with the starmap on earth and ancient Egyptian knowledge. **Dinner** and reflections back at our private guest house.

DAY 10:

MON 18TH JUNE 2018

Departure



After breakfast, the journey comes to a close with time for integration and sharing the experiences of the retreat. Before the final goodbyes, the group rounds up for a ceremony of thanksgiving. You are able to depart on your onward journey, knowing that you have established a strong connection with Tsau and with the confidence that you carry the Spirit of the Sacred White Lions of Timbavati with you always.

Group will depart overland via a shuttle service departing from Nelspruit at 14h00 (2pm). The expected arrival time at OR Tambo International Airport Johannesburg is 17h30 (5:30pm). **Please be sure to book your international flights accordingly.**

ACCOMMODATION

Participants will stay in the lovely and rustic Camp Unicorn, which has 7 thatched-roof traditional rondavels (huts). All rooms double occupancy. Please note that there are two types of rondavels—two with bathroom en suite and four with a communal, shared bathroom. Surcharge of US\$200/ per person for larger rondavels with private bath available on a first-come, first-served basis.



Unicorn Camp

- Two (2) twin rondavels with en-suite bathrooms (surcharge of US\$200/per person; available on first-come, first-served basis)
- Four (4) Twin bushveld rondavels with communal bathrooms
- All fully serviced

PLEASE NOTE:

The Global White Lion Protection Trust is NOT licensed for the sale of alcohol and they request a dry camp for health and safety reasons as well as spiritual ones! There is a no smoking policy for the entire retreat too, again due to health and safety requirements, especially in a long drought.

COSTS & PAYMENT

Programme cost: US\$3,495* / approx.£2710 (subject to exchange rate fluctuations). A portion of your fees are considered a tax-deductible donation. ***Non-refundable deposit of US\$500 due by February 1** to secure your spot and receive the early registrant discount; we suggest getting deposit in early as our groups are intentionally small and fill up quickly. Payment plans are available. **Full balance must be paid in full by May 1, 2018** (If you opt to purchase your flights early, we recommend purchasing travel / flight insurance.) ****All payments must be made via bank wire or PayPal.**

Cost Includes

- All meals (except lunch on Kruger National Park excursion day)
- Daily lion monitoring patrols
- Entrance fees for excursions
- All guides
- Transport to and from local centres/cultural venues etc.
- Collection and drop off at Eastgate Airport, Hoedspruit upon arrival
- Drop off and shuttle costs for one-way transportation to Johannesburg airport on June 18th, 2018.

Cost Excludes

- Local and international travel to and from South Africa, and one-way travel to Hoedspruit (If booked early, one-way flights are approximately US\$125-200 and take approximately 45 minutes; one-way shuttles are approximately US\$65 and take about 6 ½ hours)
- Lunch on Kruger National Park excursion day
- Laundry (approximately ZAR150/load)
- Tips and gratuities
- Bank charges or PayPal fees
- Gifts/souvenirs



To learn more and to set up a Skype call to meet Beth and Julie, please contact us at:

whitelionjourneys@gmail.com